



July 18, 2023

Letter from our Medical Director, Dr. Lazar Fruchter

Subject: Medications for ADD, ADHD, psychotropics and chronic conditions

To expedite the acquisition of ongoing medications for our foreign students studying in Israel, we are sending you the following guidelines. If possible, we recommend that students bring a year's supply of medication, making sure it is transported and stored properly. If that is not possible, we will assist the student to get the medications in Israel, because shipping medications to Israel is a complicated affair.

1. Make sure that the medication is available in Israel. You can search availability of medications in the Israeli Drug Registry at - <https://www.gov.il/en/service/israeli-drug-index>
2. Email us a letter and prescription from your home physician stating the diagnosis, name of medication and dosage- [Rochel@egertcohen.co.il](mailto:Rochel@egertcohen.co.il)
3. Psychotropic medications require a letter from a psychiatrist. Make sure the communication includes the student's name, school attending, email address, and the passport number.
4. To ensure the safety for continued usage of psychotropic medications, we require one of the following:
  - A) Communication by email from the home psychiatrist every 3 months stating that he/she has been in contact with the student and that it is safe to continue the medication and dosage.
  - B) If the above is not doable, we will need communication from a parent AND a designated school authority every 3 months stating that the student is performing well and can continue the medication and dosage.
  - C) A psychiatrist in Israel validates the continued usage.

Wishing you a healthy summer,

Dr. Lazar Fruchter